

CHABAD ON CAMPUS UPSTATE NY SHABBATON

FRIDAY

3:30 PM

Registration

Registration, Welcome Bag and Housing Assignments Erev Shabbos Food

Shabbos House Rohr Chabad Center, 320 Fuller Road

6:00 -6:30 PM

Program Begins "Match & Mingle"

Get a card with a phrase and go around to find your phrases' match, and mingle and meet people along the way.

6:30 PM

Shabbat Candle Lighting Ceremony

Led by Mrs. Malka Werde

Library Upstairs (2nd floor above lobby)

Mincha Prayer

Main Room

7:00 PM

Kabalat Shabbat Prayer

Mechitzas will be set up between the Shabbos Tables to allow for the Shabbat Prayer Service, while seated at the tables set up for Shabbat dinner

8:00 PM

Shabbat Dinner

Kiddush, Challah, a Fish & Salad Course and Main Course, sitting with those at your table, surrounded by Jewish students from ten college campuses, as one Shabbaton!

Guest Speaker: Leibel Mangel

From Auschwitz to the IDF, from Brooklyn to Ohio, Leibel's Am Yisrael Chai message can be all of our stories.

Bentching (Grace after Meals) & Dessert Buffet

9:45 PM

Farbrengen

Songs, stories, inspiration with Rabbi Yaakov Wagner of Rabbinical College of America in Morristown, NJ. By definition, a farbrengen can't really have a set topic, but he's going to address "The Imperfect Me".

Game Lounge

For those who want to chill, hangout, and enjoy some lighter times—head downstairs to the basement to enjoy a bunch of games on the tables. You can enjoy yourselves down there anytime all weekend.

SHABBAT

8:00 AM

Tehillim

Customary to say extra or all Psalms on Shabbos before Rosh Chodesh.

9:30 AM

Breakfast & Study

Pre-Prayer inspirational study with Rabbi Yudi Shmotkin. Breakfast will include cereals, coffee, cakes, fruit and yogurt.

10:00 AM

Shacharit Minyan

Torah Reading is a double-header Vayakhel & Pekudei.

Aliyot Intros by Rabbi Zalman Chein

1:00 PM

Shabbat Lunch

Look for Songs from campuses, and students sharing one-word or phrase that describes your Chabad or this Shabbaton.

3:00 - 5:00 PM

Choose from a buffet of "Ted-Style" Presentations and Study workshops. Nosh Bar in Lobby and Games Lounge in Basement will be open throughout the afternoon.

"TED-Style" Presentations

10 minutes each, with 5 minutes to transition. Stay for one or a few, or for all.

TOPICS:

"Overcoming Fear"Rabbi Meir Rubashkin, Oneonta

"Food for Thought: Meditation w/Snacks"
Rachel Levit, UAlbany

"Substance Abuse Recovery: Survivor's Story" Eli Goldstein, RCC

"Why So Serious?
Embracing Life's Laughs"
Iris Brody, UAlbany

"Madonna and Kabbalah" Malka Werde, Chabad at FIT

"Unity of Hashem"

Hashem creating the world every second.. and the way we view it **Netanel Raden, City College**

3:00-4:00 PM STUDY WORKSHOPS

Library Upstairs (2nd floor above lobby)

"In G-d We Trust"

Rabbi Wagner will lead an in-depth study for a better understanding of "Bitachon" - study like in Yeshiva!

4:15-5:15 PM

Jewish Study Options & Opportunities

Rabbi Zalman Schurder and his wife Chaya are Chabad on Campus study-specialists. In 15 minutes Rabbi Zalman will give a run-down of what's out there, including available scholarships. Plus, he's available to talk all weekend.

Quick Review of the Albany Haggadah

Rabbi Yisroel Rubin is regional director of Chabad, and dean of Albany's Maimonides School. He'll share a glimpse into his scholarly work researching one paragraph of the Haggadah!

5:15 PM

Stretch!

Stretch options include:

- · Krav Maga Talk & Lesson with Leibel Mangel
- · Guided Tour by UAlbany students to key spots on campus
- Go back to hosts for a rest
- · Play some games in Game Lounge downstairs

6:15 PM

Mincha

6:35 PM

Light Dinner

And over light dinner...

A Niggun (melody) or Two—taught and led by Rabbi Moishe Raichik

A Game of Charades—led by Rabbi Dov Oliver

7:55 PM

Maariv

Time to change, refresh, while we transition and Setup for the "Saturday Night Special"

SATURDAY NIGHT

9:00 PM

Get Your T-shirt

Sizes were estimated, so first-come, first-served.

9:10 PM

Uplifting Havdalah

Led by Yaakov Blum, City College Music by Grant Hilsenrath and Aliza Barnet, UAlbany

9:30 PM

Saturday Night Special

Program includes:

Arcade Games: Shuffle-Alley, Car-Drivers, Air-Hockey, etc Tie-Dye your Shabbaton T-shirt on Front Porch

Fire pit out back, make S'mores and Roasted Pita Informal Jammin' Music throughout

Photo Station with Friends, take pictures and mini-frames to go as Shabbaton souvenir

Big Food Buffet with Falafel and Sushi-Salad etc

SUNDAY

9:30 AM

Minyan and Tefillin

Bring your own or we can share

10:00 AM

Brunch & Farewell

A bagel breakfast: sit down for a quick farewell, or grab food for the road.

BRING THE SHABBATON SPIRIT BACK TO YOUR CAMPUS!