

# What's Cooking?

at Shabbos House



Shabbos House - Rohr Chabad Jewish Student Center - serving the Jewish Community at UAlbany (SUNY) since 1976.

## FIRST PLACE IN UALBANY UNITE

Thanks to dozens of contributions (some as little as \$5) from alumni, parents and students, our student group



L'chaim's UAlbany Unite video came in first place, with \$2,300+ in contributions and \$4,500 in bonus prize funds for programming next year. L'chaim actually led in

several categories, but was only able to win one category, the highest prize. In addition to campus-wide recognition of the broad-based grassroots involvement, support & appreciation for L'chaim & Shabbos House, the bonus funding will assist with holiday meals, programming and special events at Shabbos House and on-campus. Two Jewish groups (L'chaim & Hillel) won in the top five! Thank you!

## BUILDING FUND UPDATE

After \$1,125,000 (!) contributed over the years by alumni, parents, friends and major supporters towards the total



building cost of \$1,650,000, a debt of \$525,000 remains. Thank G-d, and our many dear friends and supporters, we reached this point, and just

completed our second academic year in the new, bigger and better Shabbos House. Our building committee is eager to try and get this debt paid down in order minimize the very heavy pressure on the annual Operating Budget and keep Shabbos House on stronger financial footing. Avenues are now being explored to possibly get another set of major matching gifts for a Capstone/Phase II Building campaign, to hopefully close down the remaining debt within the next few years. We may also wait for permanent plaques until Phase II of the Building Campaign nears completion, to allow opportunity for new families to participate or for some previous donors to add to their earlier contributions. Please see page 7 inside for Building Fund contribution options, pledges payable over two years. Stay tuned for updates.

RUBIN FAMILY PURIM COSTUME 2011



**Bringing Flavor to Jewish Life on Campus!**

**DAYENU!** As we say at the Passover Seder, "Dayenu!" Personally, this is our 14th year at Shabbos House (founded in 1976, we arrived in 1997) and there are 14 Dayenu's in the Haggadah. We have so much to be grateful for, so much to be proud of, yet - there's always another stanza: another student to reach, another program to design and implement, another void to fill or heart to comfort, another joyous song to sing. And Dayenu never ends, it goes 'round and 'round over and over again - as does the student lifecycle, with a new class of freshmen students, our 15th class arrives this fall. We look forward - with your support and continued student involvement - to continue on, as well as grow and expand, striving to meet the needs and dreams of Jewish students, "in every generation."

**THANK YOU!**

Rabbi Mendel & Raizy Rubin, Mushky, Chani, Moshe, Sara, Bassie & Bluma

## NEW PROJECT: "TEAM SHALOM"

In recent years, and especially in light of tragic events this past year, we've recognized an increased need to do even



more to foster a safe, supportive and welcoming environment for students to express themselves emotionally and socially, to reach students who may be on the fringe, and to help all

students become more aware and sensitive to each others needs and issues. While the name "Team Shalom" is subject to change, and the concept is still in its infancy, we look forward to a dedicated group of students (and perhaps faculty and local community) who will participate this coming year in "Team Shalom" which is named for the popular Jewish/Israeli greeting, and is also the Hebrew word for peace and wholesomeness.

# A Few Financial Facts about Shabbos House Funding

## DID YOU KNOW THAT?

- Shabbos House Directors do not get a regular salary
- For one full Shabbat, food costs alone are above \$1,000, Friday Night sponsorships are listed at \$500 to make it feasible for more donors
- Sukkot holiday week costs Shabbos House \$12,500
- Class materials preparation aside, the costs for weekly Torah-Tuesday are between \$85-\$120
- Numerous times each year, Shabbos House is the only Jewish/Kosher option available for students
- We do everything to keep costs down, yet keep programming and services up, without cutbacks even in these challenging economic times

## HOW IS SHABBOS HOUSE FUNDED?

- 43% of the Shabbos House Operating Fund contributions come from alumni
- 29% of the Shabbos House Operating Fund contributions come from parents
- 19% from faculty & local Capital Region community
- 5% from L'chaim via the Student Association
- 2% from Jewish Federation (via UAlbany Hillel)
- 1% from National Chabad
- 0% from the University
- The L'chaim Student Group (affiliated with Shabbos House) gets \$6,000 in funding for holidays and programming. Thanks to the first-place win in the UAlbany Unite video contest, L'chaim will receive an additional \$6,800 next year!

## SOME COMMON MISCONCEPTIONS:

- *Only Orthodox kids go there* - Couldn't be further from the truth, just check out our Friday Night scene.
- *It's not a real organization, just a nice family* - We hope we are a nice family, but Shabbos House is an real organization with a 501(c)3 under Capital Chabad: EIN# 23-743-8519, and we are affiliated with the International Foundation for Chabad on Campus.
- *You're funded by National Chabad or the University pays for it.* We're not funded by either.
- *You're trying to make my kid Chabad/religious* - We don't make anyone anything. We provide a warm, welcoming Jewish atmosphere and experience, with no pressure, no expectations - students find growth opportunities at the involvement level of their choice.
- *It takes big donations to keep such an organization going* - While \$1,000+ contributions are very helpful, we rely primarily on grassroots support, contributions of \$18-\$180 really add up, being a lean operation with minimal overhead costs makes every gift significant.
- *You're only open on Shabbat!* - Our name may give you that impression, and indeed Shabbat and holidays are our flagship events, but we are open all week long, with programming and services - with the spirit of Shabbat lasting all week through.



## NEXT GENERATION ALUMNI MAZAL TOVS!

Recent alumni baby births include:

- Henry Joseph to Seth ('01) and Andrea Bell
- Jacob (Cobi) Levi to Michael ('03) and Sarah Kashani
- Aviva Chaya'le to Ariel ('07 MA) and Ita Lipper
- Avraham Michael to Ephraim ('01) & Shoshana ('01) Lotwin
- Michael Joseph to Alan ('99, '02 MA) and Jodi Rosen
- Michael Jacob to Arie ('01) and Aviva Schochat
- Sora to Motti ('06) and Ilana ('07 MA) Wein

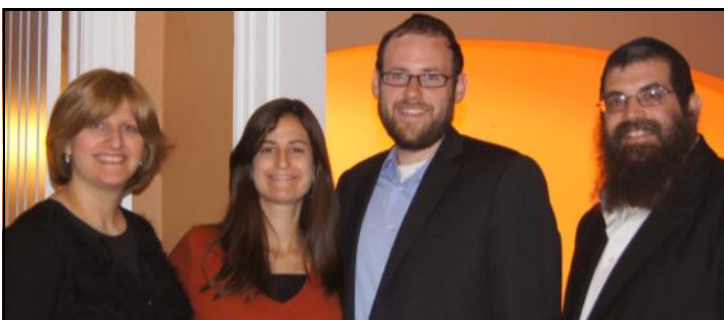
We apologize for any inadvertent omissions, and ask alumni friends to please keep us posted on their joyous occasions.

While this is an incomplete list of recent alumni engagements and weddings, we take this opportunity to wish a hearty Mazal Tov to Eric ('05) and Melanie Himy on their wedding, to Justin Hirsch ('07/'09) on his engagement to Masha Weiss, and to all of our alumni friends on their milestones and celebrations!

May we always share Simchas and good news!



# ALUMNI KEEPING-IN-TOUCH



## 7/31: NYC SUMMER REUNION

1-3pm on Sunday, July 31st at the Chabad Loft, 144 5th Ave (2nd floor) between 19th and 20th streets (close to N, R, W, F, V, 4, 5, & 6 subways). \$20pp covers costs, \$36 max per family, \$50 sponsor. (There was a thought to do also have an alumni Friday Night Shabbat Dinner in NYC, but we didn't have enough responses in time to do it. Perhaps another time!)

## ALUMNI COOKBOOK RECIPES

Thanks to Faith ('99) for the initiative, and to those who already emailed recipes, please share some of your favorites! Simply email your recipes to [SHalumnicookbook@gmail.com](mailto:SHalumnicookbook@gmail.com). Please indicate if you'd like to join the committee for getting this exciting project off the ground and into your kitchens.

## MONTHLY ALUMNI EMAIL LIST

We've begun sending monthly email updates. If you haven't been getting them, please send us your current email address.

## MENDEL'S MONDAYS

Several times this past year we had alumni Torah study and get-togethers, in the Upper East Side, Midtown Manhattan, Jersey City and Monsey, and we look forward to keeping up the tradition 6-8 times a year. Please let us know if you'd like to host or attend one of the upcoming Mendel's Mondays. The next one is scheduled for Monday, August 15th, with details in an upcoming monthly alumni email.

## ALUMNI TORAH SCROLL

Mr. Bruce Lorence ('70) is dedicating an Alumni Torah scroll at Shabbos House to celebrate 40 years since his graduation from UAlbany. All are welcome to join in this Mitzvah, by dedicating a letter for \$5, a word for \$18, a verse for \$36, a Parsha for \$180 or a Chumash for \$613. A book placed near the Ark will list all the Torah sponsors. It is actually a Mitzvah to personally "own" a portion of a Torah scroll, so it would be ideal to dedicate at least one letter on behalf of each family member. Stay tuned for a Torah dedication date.





## LOOKING BACK...

### Spring 2011 Highlights

- Themed Shabbat weekends included: Superbowl “the only ball with a point” Shabbat, Tu B'Shvat “Dirt on Dirt” Shabbat, Sephardic Shabbat Cohen Bar-Mitzvah, and the Shabbat Lunch with visiting Israeli soldiers.
- Spa for the Body and Soul women’s communal event with speaker/singer Chana Leah Nunez.
- Great music at Jamming Night with spirited dancing.
- 12 Torah Tuesday topics included: Smartphone Spirituality, Gratitude in Relationships, R’ Yochanon ben Zakkai, the Ben-Ish-Chai, the “Always Bookends” of Jewish Law, Speak No Evil and a presentation of student papers on Jewish topics at the final session of the semester.
- Torah-TXT small group learning included a consistent Wednesday lunch at Dutch Kosher, a Talmud study group, a weekly study on Kosher, Shabbos afternoon study, and Chumash in a Nutshell.
- Purim “in the Fast-Lane” featured dairy fast foods after Megillah on Sat Night, and meat fast-food for the daytime Purim Meal. There was a special Megillah Reading in the Hall of Fame at SEFCU Arena for the Relay for Life participants.
- Passover meals, prayers and atmosphere for the last two days of Passover, as UAlbany returned from Spring Break, culminating with an inspiring “Moshiach Meal” during the last hours of the holiday.
- The filming and voting effort for the UAlbany Unite online video contest.

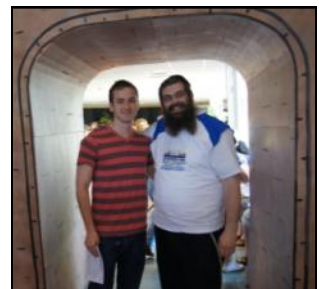
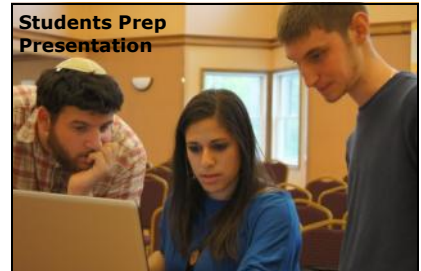
## LOOKING FORWARD...

### Fall 2011 Highlights

- Midnight Pre-Selichot Jamming with Holiday Songs
- Minyan Bagel Brunches to now feature Tzitzit-making workshop and other hands-on Jewish learning
- Return of the Shofar Factory to the Small Fountain, along with other new Jewish tabling ideas...
- 3-Day Sukkot Holiday with Homecoming Weekend, and then 3-days of Simchat Torah holiday follows
- The “TIC-TAC-TOE” series (co-sponsored by UAlbany Disability Resource Center and JSAM of UJA Federation of NY): (1) “What makes you TIC?” with motivational speaker Marc Elliot (2) TACKling the Talmud story of the “Ugly Man” at Torah-Tuesday and (3) Get your “TOEs wet” with hands-on volunteering at an activity fun day for special needs kids.
- Torah-Tuesdays to feature: Kosher Hypocrisy, Torah Goes Public, Bee-Keeping Rabbi, Emotional Space, the Amidah, Talmud & Biz-Law & Torah on Harry Potter.
- ... and hopefully to share good news in the SH family!







# Thank You for making Shabbos House SPRING 2011 possible.

**Contributions listed below are from Jan '11 thru June '11.**

**Thanks to their generosity Shabbos House is possible.**

**\* indicates Shabbat, Holiday and Event Sponsors**

**\*\* indicates Major Semester Sponsors**

Rabbi S. Aisenstark  
Anna and Yechin  
Larry and Wendy Barnett\*  
David Beck  
Nancy Bell  
Ezra and Marilyn Berkowitz  
Dan Berns  
Ed and Randy Berns  
Carl Bloomberg\*\*  
Rabbi & Mrs. Moshe Bogomilsky  
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Aron and Sheryl Cepler\*  
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Elliot and Eileen Cohen  
Dr. Seth Cohen  
Sherry Cohen  
Yishai and Rachael Cohen\*  
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Dutch Quad Res-Life Team  
Charles Eson  
Sarah Failla\*\*  
Joel Feuer  
Farrah Fidler  
Dorothy Fox  
Jay and Catherine Frank  
Matt Freedman  
Neil Freilich  
Genna Friedman  
Leib and Rachelle Fuchs  
Dr. Michael & Roberta Fuhrman  
Abe and Leah Gaies  
Mushky Galperin  
Rabbi Shlomo & Shifra Galperin  
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Teri Goldstein\*  
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Rabbi Shneur & Estie Greenberg  
Stuart Grossman  
Marshall Haber  
Rabbi Sholom Ber Hecht  
Rabbi SB and ND Hendel  
Bob and Bea Herman\*\*  
Lawrence and Amy Herschaft  
Dr. Steven and Lori Hertzberg  
Eric Himy\*  
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Charles and Malka Isler  
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Max and Susan Jarolem  
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Rob and Elana Klein  
Susan and Leslie Klein  
Batsheva & Menachem Kohn  
William and Judith Krauss  
Chesky Larsh  
Rabbi Chaim & Chani Lazaroff  
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Drs. Josh and Tova Lennon  
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Richard and Vicki Lesnoy  
Rita Levin  
Howard and Mindy Levit

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Rabbi Abba Rubin  
Rivka Rubin  
Rabbi Yisroel and Rochel Rubin  
Rabbi Yossi and Leyee Rubin  
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Rachel Spilman  
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Michael Stekloff  
Alan and Susan Stofenberg  
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Dr. Samuel Taller  
Joyce Teitelman and Family\*  
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Motti and Ilana Wein  
Robert Wein  
Josh and Rebekah Wildman  
Stanley and Lois Wirtheim  
Rabbi Moshe and Elkie Wolf  
Michael and Vicky Wolkofsky  
Rabbi Hershel & Rochel Zaklos  
Shaun and Michelle Zeitlin\*

*We apologize for inadvertent omissions. UAlbany Unite Contributors, Anonymous Sponsors, Catering, and Cookbook purchases are not included.*

*Some funds for some of these events are received from partnering groups such as Capital Chabad, L'chaim (SA) & UAlbany Hillel and others, but most of Shabbos House's support comes from contributions by parents, alumni and friends.*

*We receive no direct funding from the University at Albany or National Chabad.*

*Your support makes it possible!*

**THANK YOU!**

## CHAI-CLUB

Please consider joining the "Chai Club" of monthly contributors: \$10, \$18, \$36, \$54 etc. Your ongoing contribution can be



designated to Operating, Building or 50/50 and it can be canceled, modified or upgraded at any time.

In this time of economic hardship it can be difficult for many to make large sponsorship contributions, but a gift of \$18 monthly isn't as hard on the pocket, yet it goes a long way in supporting ongoing Shabbos House events and programming.

- Botbol Family
- Mike Strum
- Alex Vugman
- Harriet Roffe
- Ben Kallos
- Craig & Ayelet Messer
- Lillian Ruth Leiman
- Rob & Elana Klein
- Chaim & Chanie Lazaroff
- Choni & Gitty Lesches
- Anna & Yechin
- Lauren Kalkstein
- Avram Kaish
- Shaina & Larry Copeland
- Farrah Fidler

## Goods & Services

- Party Warehouse for the pantry-full of paper-goods.
- Alumni, Parents & Friends who brought food up from NYC.
- Ronn Torrossian of 5WPR, Andrew Genger, and Genna Friedman for hosting Mendel's Mondays.
- Class of 2011 senior gift of plaques & towels for the hand-washing station, since "dinners at Shabbos House are a purifying experience..."
- Beta Alpha Psi pledges for Thurs night food-prep and set-up.
- Dan Bokser for his computer services.
- The Sklover family for super-size Challahs on grad weekend.
- The Thursday Night Shabbos Prep Team, and the Friday Afternoon Set-Up Crew, and Late Friday Night Clean-Up... all students, all volunteer, all very much appreciated.
- All those who participated and worked on, and contributed to the L'Chaim UAlbany Unite Video.
- The L'chaim Student Board for their dedication, involvement, brainstorming, and for getting things done.



## **BUILDING FUND**

Thank G-d, and all the Building Fund contributors, the new Shabbos House is now up and running for the 2nd academic year. But it is not all paid for!

\$525,000 remains in building loans. Reducing the debt will enable Shabbos House to operate with the least overhead possible.

- ☐ (\$500) Half-Share
- ☐ (\$1,000) Share
- ☐ (\$1,800) Chai Share
- ☐ (\$2,500) Investor Share
- ☐ (\$3,600) Host Share
- ☐ (\$5,400) Builder Share
- ☐ Other \$ \_\_\_\_\_

(payable over 2 years, by 2013)

- ☐ Please contact us for dedication opportunities and information about the new, bigger & better Shabbos House.
- ☐ Please contact us to discuss stock donations or endowments.

## **COOKBOOK**

Please send me \_\_\_\_\_ copies of "A Taste of Shabbos House" @ \$22.50 including S&H.

## **ALUMNI TORAH**

Please submit on separate sheet names of participants (Hebrew with parents names if known) and indicate letter, verse, parsha etc. as listed on page 3.

### **SHABBOS HOUSE**

Rohr Chabad Jewish Student Center  
320 Fuller Rd Albany NY 12203  
(518) 438-4227  
mail@shabboshouse.com  
www.shabboshouse.com  
FB/IM/Twitter: Shabbos House

## **OPERATING FUND**

***Yes! I/We would like to sponsor an event below in honor/memory of:***

\_\_\_\_\_  
\_\_\_\_\_

*While event sponsorships listed below do not cover the entire event cost, they make it possible along with other Operating Fund contributors.*

- ☐ \$1,000
  - \_\_\_\_ Semester Co-Sponsor
  - \_\_\_\_ Major Yom-Tov Sponsorship
  - \_\_\_\_ One Complete Shabbos
  - \_\_\_\_ "What's Cooking" Newsletter
- ☐ \$750
  - \_\_\_\_ Speakers & Performers
  - \_\_\_\_ Purim Carnival Entertainment
  - \_\_\_\_ Keep-The-Lights-On (Utilities)
- ☐ \$500
  - \_\_\_\_ Friday Night at Shabbos House
  - \_\_\_\_ Yom-Tov Co-Sponsor
- ☐ \$360
  - \_\_\_\_ Friday-Night Co-Sponsor
  - \_\_\_\_ Schach for the Sukkah
- ☐ \$250
  - \_\_\_\_ Weekly Shabbos Lunch
  - \_\_\_\_ Academic Breaks Cozy-Shabbat

### ☐ \$180

- \_\_\_\_ Shabbos Lunch Co-Sponsor
- \_\_\_\_ BBQ's Sukkah Bldg, Summer etc
- \_\_\_\_ Campus Center Shofar Factory

### ☐ \$136

- \_\_\_\_ Sat Night Jamming Nights
- \_\_\_\_ Finals Week Midnight Breakfast
- \_\_\_\_ LatkeContest/Purim Masquerade
- \_\_\_\_ Lag B'Omer Firepit

### ☐ \$100

- \_\_\_\_ Torah-Tues Original Materials
- \_\_\_\_ Torah-Tuesday Dairy Dinner
- \_\_\_\_ Jewish Womens Connection

### ☐ \$75

- \_\_\_\_ Minyan Bagel Brunches
- \_\_\_\_ Thurs Bet-Medrash Night
- \_\_\_\_ Themed Campus Center Tabling

### ☐ \$54

- \_\_\_\_ Shalosh-Seudos
- \_\_\_\_ A Friday Night Salad for 150+
- \_\_\_\_ Shabbos Lunch Cholent

### ☐ \$36

- \_\_\_\_ Challah with Love
- \_\_\_\_ Kiddush Grape Juice
- \_\_\_\_ Oneg Nosh & Refreshments

### ☐ \$18

- \_\_\_\_ 50 Holiday Packets in Quads
- \_\_\_\_ A Student for a Full Shabbos

### ☐ **Amount of Your Choice!** \_\_\_\_\_

Every bit counts! Due to minimal overhead & salary expenses, Shabbos House maximizes your contribution to best reach the students.

## **CONTRIBUTION PAYMENT OPTIONS**

Checks payable to "Shabbos House - Chabad Center" are tax-deductible.  
Shabbos House also accepts VISA, MC, AMEX & DISCOVER:

Name: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_ Phone: \_\_\_\_\_

Signature: \_\_\_\_\_ Card #: \_\_\_\_\_

Billing Address (if different than above): \_\_\_\_\_

Expiration Date: \_\_\_\_ / \_\_\_\_

☐ CHAI CLUB monthly credit-card payments:

\$ \_\_\_\_\_ from \_\_\_\_/\_\_\_\_ to \_\_\_\_/\_\_\_\_ ☐ Operating ☐ Building ☐ 50/50

# FAREWELL TO THE CLASS OF 2011



Rabbi Mendel with friends from AEPI



Lisa's Hillel Program Thanks



Congratulations Dr. Joy!



Business Grad & Undergrad



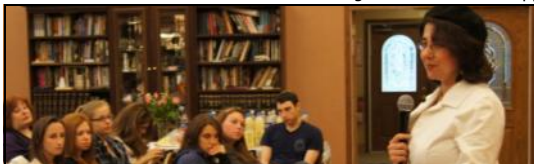
Hillel Director & Student Prez



Jason's Hagbah Award



Appreciating Sukkah Help



Ted (IBM/Nanotech) & Susannah (Designer for Ben & Jerry's) Levin address Graduates



Sephardic Friends

# What's Cooking? *at Shabbos House*



## SHABBOS HOUSE

Rohr Chabad Jewish Student Center

serving UAlbany since 1976

a project of Capital Chabad Centers

Chabad Lubavitch of the Capital District

320 Fuller Rd

Albany NY 12203

Non-Profit-Org

US Postage

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Albany NY

Permit #233

*"Home Away From Home -  
Where Every Jew is Family"*

