

# What's Cooking? *at Shabbos House*



Shabbos House - Rohr Chabad Jewish Student Center - serving the Jewish Community at UAlbany (SUNY) since 1976.



## POST-CHANUKAH THOUGHTS

As Chanukah fell early this year, we had a full spectrum of events, which climaxed an exciting & event-filled Fall semester.

The Menorah teaches us:

- don't be intimidated by darkness
- light at the window or door, share the light
- celebrate light, even one small struggling flame
- tomorrow ought to be a little brighter than today

Thank you for enabling us "to keep the light on" for hundreds of Jewish students (and alumni!) who consider this home-away-from-home to be an illuminating "lighthouse" at UAlbany.

We're here for a stressed-out student who needs to talk at midnight; or out in the cold with the Hot Latke Table; at creative & relevant Torah-Tuesdays; or at a full-house with great vibe on Friday Night. This is our 14th year. We live here, this is our life.

**It takes fuel to keep the light burning - that fuel is your support. We can not do it without you.**

Thank you to parents who appreciate us being there for their children and support making it possible. Thanks to alumni who give back, enabling Shabbos House to be there for the next generation, as it was here for them. Thanks to friends who believe in what we do, and realize that this unique blessing is most worthy of support.

Thank You!

Rabbi Mendel & Raizy Rubin, Mushky, Chani, Moshe, Sara, Bassie & Bluma

## SHABBOS HOUSE

Rohr Chabad Jewish Student Center

*a project of Capital Chabad Centers*

*Chabad Lubavitch of the Capital District*

320 Fuller Rd

Albany NY 12203

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## FALL SEMESTER OFF TO A GREAT DANE START

UAlbany President George Philip with L'Chaim Board members at the SA Block Party tabling to welcome new students on Freshmen Weekend with the new Shabbos House tote bags: "Some of the best courses..."

## NO STAPLES...

Due to new postal regulations it became more economical to mail this newsletter without staples. So, what's the meaningful message?

There's something special in the atmosphere at Shabbos House, a spiritual or emotional glue, that brings and binds people together, even without firm or visible fasteners.



# Fall 2010 Highlights

- **Triple Three Day Yom-Tov Weekends** - Rosh Hashanah, Sukkot and Simchat Torah; all with spiritual and physical menu variety
- **"S" in the Sukkah:** Sushi, Subs, Soups, Salmon, Salads, Singing, Salads & Steaming hot cider...
- **TorahTXT** - 2nd semester of individualized classic Jewish texts learning opportunities.
- Representatives at **Chabad on Campus Leadership Conference** in NYC and **International Shabbaton** in Crown Heights, Brooklyn
- **10 Torah Tuesdays** including a commentary on the Toy-Story film trilogy, the Bose Shema, "Pass It On" by Sara Rubin & "The Ten Martyrs" by Ben Zaiantz
- The new black & white tote-bags distributed at Freshman Fair read: **"Some of the best courses at UAlbany are served at Shabbos House!"**
- First of **Mendel's Manhattan Mondays** was with 25 alumni at Galil Restaurant in conjunction with Chabad Young Professionals of the Upper East Side
- **Rosh Hashanah** Services and meals at Shabbos House; **Yom Kippur Services** co-sponsored with UAlbany Hillel in the Campus Center
- **Israeli Sukkot Concert** - for students & community, co-sponsored by Hillel & JERNY featuring Oneg Shemesh followed by Jammin' in the Sukkah
- Vibrant and lively **Culinary Nights** with energized students preparing for Shabbat and Holidays
- **"Breaking the Brass Ceiling"** at Shabbat Lunch with alumnus & parent USAF Lt. Col. Lisa Craven
- Doron Kornbluth on **"How to Find and Keep Your Jewish Soulmate"** with chocolate treats & fondue
- First **Bet-Medrash Night** of chavrusa learning on Hoshana Rabba in the Sukkah with hot soup; Guest Rabbi Yair Spitz of Yeshivat HaMivtar at our 2nd Bet Medrash Night of the semester
- **"Pink Shabbat" Lunch and Booklet** for Cancer Awareness with Ribbon Challahs and décor
- **Girls Late Night Out** (and sleepover) with Raizy
- **Shabbos Sheva Brachos** (post wedding celebration) with students & extended Rubin/Chazan Families
- **Cake Decorating Workshop** with Karen Platt at a Jewish Womens Connection event
- **Toy-Story Themed Chanukah** - with Sat Night Chanukah Special, Midnight Breakfast, Donut-Hole Contest, Hot-Latke Table, Toys-Menorah...
- Challah-Bakings, and **Challah with Love** for Seniors
- 1800 Holiday Packets: **Laffy-Taffy's** for Happy Sweet New Year; **Woody with Dreidel** for Chanukah



Chabad & Hillel Relationship



AEPI Brothers



Great Neck Friends



Yom-Kippur Pre-Fast



Coaching Pre-Donut Contest



Grad Students



L'chaim Board members



Minyan Bagel Brunch

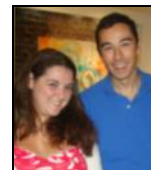


# ALUMNI REUNION, VISITS & SIMCHAS SUMMER 2010



## LOOKING FOR ALUMNI COOKBOOK RECIPES

Thanks to Faith's ('99) suggestion we're now beginning to work on the Alumni Cookbook idea. Thanks to those who already emailed recipes, please share with us some of your favorites! Stay tuned for updates on yet another (delicious) way to remain connected even long after graduation...





# FALL SEMESTER '10 PHOTO HIGHLIGHTS

## AND RECENT QUOTES FROM THE SHABBOS HOUSE MAILBOX

We can't take photos on Shabbos and Holidays, but there are plenty of weekday events, too!



"I first met you at a BBQ, where you handed me a yellow bookmark which I reluctantly pocketed. Eventually I took a look at it, and it opened new doors to me that I would never have expected. Thanks for all the delicious meals, interesting learnings and the always open door..." *Student*



"While most Shabbos House attendees are inclined toward academic and personal achievement, I notice that a few appear to have disabilities, personal troubles or limited social connections. They are not shunned, their involvement and accomplishments are celebrated. The atmosphere fostered by Rabbi and Raizy is supportive and tolerant." *Faculty member*



"When you're homesick, there's nothing more comforting and confidence boosting than being welcomed by a young, intelligent and dynamic husband & wife team who, with their children, treat you as though you are truly a part of the family." *Student*





"You told such remarkable, inspirational and enlightening stories." Alumna



"When I read the recent "What's Cooking?" newsletter that contributions were down 15% in the past year it reminded me that it's been a while since I've been in touch and since I contributed last. Even though I graduated six years ago, I still have very fond memories and I'm glad to see that you continue to make an impact on so many students, year after year." Alumna

"Shabbat dinners were always the highlight of our week. Good advice, good food, wonderful company, truly an amazing experience. We hope Shabbos House will continue to thrive and provide future students with the same experiences that we enjoyed so much." Two graduating students



"...It means so much that she has a place for Shabbos, holidays, and Jewish activities. You make it possible to maintain her upbringing and identity while away at school" A Parent







## MENDEL'S NYC MONDAYS

A taste of "Torah-Tuesdays" with learning, discussion & get-together

for alumni in Metro NYC. The first time was before Rosh Hashanah at Galil Restaurant with Chabad Young Professionals of Upper East Side. Unfortunately, due to the holidays, Esty's passing and the hectic end of the semester, we weren't able to do more in the Fall. Coming up, we're planning: (1) January 17th, 8pm in an alumni loft apartment in Jersey City just off the Path Train and near Holland Tunnel, email/call us for info. (2) February 7th, 7:30pm at the midtown office of alumnus Ronn Torossian, CEO of 5WPR, 888 7th Ave, RSVP's required (by Feb 6) to mail@shabboshouse.com, for building entry. If you'd like to host in the future, please be in touch.



## HIGH HOLIDAY SERVICES

UAlbany closed for an extended Rosh Hashanah weekend this year, from Wednesday afternoon to

Monday, yet we still had a nice crowd of students, faculty and community at Shabbos House at the all the holiday services and meals. For Yom-Kippur (on Shabbos this year) we had a pre-fast meal at Shabbos House, followed by joint Hillel and Shabbos House prayer services in the Campus Center, with a full CC 375 for Kol Nidrei and Neilah, and



## ALUMNI TORAH PLANNED

Mr. Bruce Lorence is dedicating an Alumni Torah at Shabbos House on occasion of his 40th anniversary since graduating UAlbany in 1970. The Torah will be dedicated in a special ceremony (some alumni may remember the O'Brien Torah dedication in 2001) during the Fall 2011 semester, in memory of his great-grandfather Jacob Lorence. Stay tuned for opportunities to purchase/dedicate Torah-words or Parshas in the Spring 2011 "What's Cooking?" update newsletter.



## REMEMBERING ESTY (RUBIN) COHEN O.B.M.

On behalf of the extended Rubin family, we would like to thank all of our friends for their heartfelt thoughts and prayers, calls and emails, cards and visits, during Esty's illness and following her passing earlier this Fall.

Thank you to the alumni who got together to sponsor the first Shabbos back in Spring 2011 in her memory, and to the 47 students who pitched in to sponsor the complete weekend of the Shabbos Sheva Brachos after Mendel's brother Efraim's wedding to Menucha, also in her memory. It was a wonderful weekend with the Rubin and Chazan families, and the extended Shabbos House family. See above for the post-Shabbat photo, and below for the sponsoring card from the students. May we always share Simchas, good news and joyous occasions.

**Hamakom Yenachem Eschem Bsoch She'ar Avelay Tzion Yerushalayim**

**May the Ever-Present L-rd Comfort you among the other Mourners of Zion and Jerusalem**

In light of the recent tragedy that was felt in your family, the greater Shabbos House Family of students at SUNY Albany felt an incredible pain with you. Shabbos House has done so much for us both as individuals and a community. In this terrible time, we would like to sponsor a Shabbos in the memory of

**Esther Aidel bas HaRav Yisroel Eliezer v'Shaina Rochel**

**Esty Rubin-Cohen**

We hope that this Tzedaka will be a Blessing and Merit in her name for us and all of Israel.

The following students helped make this donation for the Shabbos Dinner, Lunch, and Shalosh Seudos in her memory possible:

Heather Adler	Lisa Fuchs	Rebecca Kurlander	Lauren Rosenblatt
Jenny Alweiss	Ayelet Gamliel	Amanda Levit	Travis Ross
Michael Axelrod	Evan Ginsberg	Stephanie Lieber	Jason Shore
Eden Ben	Ian Goldstein	Rachel Maslow	Aleeza Sklover
Sara Berg	Rachel Goldstein	Jessie Mishali	Amy Spitz
Steve Berkowitz	David Harel	Sara Molnick	Michael Steklaf
Daniel Bokser	Malkah Harris	Jake Nasar	Scott Stofenberg
Jeff Brauner	Brian Herschaft	Ashley Peaceman	Steve Turrisi
Shifra Cohen	Natanya Housman	Anthony Ratcliff	Malcolm Wilson
Naama Dahari	Michael Isaacson	Ariel Rehr	David Wolkofsky
Jacquelyn Dainow	Nancy Kaplan	Josh Rismany	Benjamin Zaiantz
Lauren Feller	Maxine King	Jeremiah Rosen	

**We Love You Very Much!**

**May her memory be a Blessing!**

# Thank You for making Shabbos House FALL 2010 possible.

**Contributions listed below are from July '10 thru Dec '10.**

**Thanks to their generosity Shabbos House is possible.**

**\* indicates Shabbat, Holiday and Event Sponsors**

**\*\* indicates Major Semester Sponsors**

Anna and Yechin	Rahcel and Yehudah Gass
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Mushky Galperin	Dr. Joseph and Robin Lieber

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 Jesse and Amy Weinstock  
 Gunther and Sidie Weiskopf  
 Josh and Rebeka Wildman  
 Phyllis Wilhelm  
 Michael and Vicky Wolkofsky  
 Rabbi Tzvi and Rochel Zaklos

*We apologize for inadvertent omissions. Anonymous Sponsors, Catering, and Cookbook purchases are not included.*

*Some funds for some of these events are received from partnering groups such as Capital Chabad, L'chaim (SA) & UAlbany Hillel and others, but most of Shabbos House's support comes from contributions by parents, alumni and friends.*

*We receive no direct funding from the University at Albany or National Chabad.*

*Your support makes it possible!*

**THANK YOU!**

## CHAI-CLUB

Please consider joining the "Chai Club" of monthly contributors: \$10, \$18, \$36, \$54 etc. Your ongoing contribution can be



designated to Operating, Building or 50/50 and it can be canceled, modified or upgraded at any time.

In this time of economic hardship it can be difficult for many to make large sponsorship contributions, but a gift of \$18 monthly isn't as hard on the pocket, yet it goes a long way in supporting ongoing Shabbos House events and programming.

- Botbol Family
- Mike Strum
- Alex Vugman
- Brian Levine
- Harriet Roffe
- Ben Kallos
- Arie Lipnick
- Lillian Ruth Leiman
- Rob & Elana Klein
- Chaim & Chanie Lazaroff
- Choni & Gitty Lesches
- Anna & Yechin
- Lauren Kalkstein
- Avram Kaish
- Shaina & Larry Copeland

## Goods & Services

- Party Warehouse for the pantry-full of paper-goods.
- Craig & Ayelet for hosting Kew Gardens Hills Alumni Shabbos.
- Davies Tree Service for a free load of evergreen Schach.
- PCAmerica for our web-hosting - we hope to get back to regular updates soon. Sorry for the website hiatus this past semester.
- Deb and Joe Ritano of Mt. Pleasant Bakery for 100 free Challahs between the Sukkot & Simchat Torah 3-day Yom-Tov weekends.
- Ira Woren & Brian Lapiner for the Kedem trip.
- NCFJE's Toys for Hospitalized Kids program and all students who donated toys for the "Toys-Menorah" in Campus Center.
- Seth Mellin & Co. for the Simchat Torah souvenir.
- AEPi for the Sukkah take-down in the rain.
- Alumni & Friends who brought bakery desserts from NYC.
- The Thursday Night Shabbos Prep Team, and the Friday Afternoon Set-Up Crew, and the Late Friday Night Clean-Up... all students, all volunteer, all very much appreciated.

## **BUILDING FUND**

Thank G-d, and all the Building Fund contributors, the new Shabbos House is now up and running for a full academic year. But it is not all paid for!

\$540,000 remains in building loans, which we hope to reduce to a more manageable mortgage by the start of 2013, when the current building bank-loans are due. Reducing the debt will enable Shabbos House to operate with the least overhead possible.

- ☐ (\$500) Half-Share
- ☐ (\$1,000) Share
- ☐ (\$1,800) Chai Share
- ☐ (\$2,500) Investor Share
- ☐ (\$3,600) Host Share
- ☐ (\$5,400) Builder Share
- ☐ Other \$ \_\_\_\_\_

(payable over 3 years, by 2013)

- ☐ Please contact us for dedication opportunities and information about the new, bigger & better Shabbos House.
- ☐ Please contact us to discuss donations of stock or endowments.

## **OPERATING FUND**

***Yes! I/We would like to sponsor an event below in honor/memory of:***

\_\_\_\_\_  
\_\_\_\_\_

***While event sponsorships listed below do not cover the entire event cost, they make it possible along with other Operating Fund contributors.***

- ☐ **\$1,000**
  - \_\_\_ Semester Co-Sponsor
  - \_\_\_ Major Yom-Tov Sponsorship
  - \_\_\_ One Complete Shabbos
  - \_\_\_ "What's Cooking" Newsletter
- ☐ **\$750**
  - \_\_\_ Speakers & Performers
  - \_\_\_ Purim Carnival Entertainment
  - \_\_\_ Keep-The-Lights-On (Utilities)
- ☐ **\$500**
  - \_\_\_ Friday Night at Shabbos House
  - \_\_\_ Yom-Tov Co-Sponsor
- ☐ **\$360**
  - \_\_\_ Friday-Night Co-Sponsor
  - \_\_\_ Schach for the Sukkah
- ☐ **\$250**
  - \_\_\_ Weekly Shabbos Lunch
  - \_\_\_ Academic Breaks Cozy-Shabbat

### ☐ **\$180**

- \_\_\_ Shabbos Lunch Co-Sponsor
- \_\_\_ BBQ's Sukkah Bldg, Summer etc
- \_\_\_ Campus Center Shofar Factory

### ☐ **\$136**

- \_\_\_ Sat Night Jamming Nights
- \_\_\_ Finals Week Midnight Breakfast
- \_\_\_ LatkeContest/Purim Masquerade
- \_\_\_ Lag B'Omer Firepit

### ☐ **\$100**

- \_\_\_ Torah-Tues Original Materials
- \_\_\_ Torah-Tuesday Dairy Dinner
- \_\_\_ Jewish Womens Connection

### ☐ **\$75**

- \_\_\_ Minyan Bagel Brunches
- \_\_\_ Thurs Bet-Medrash Night
- \_\_\_ Themed Campus Center Tabling

### ☐ **\$54**

- \_\_\_ Shalosh-Seudos
- \_\_\_ A Friday Night Salad for 150+
- \_\_\_ Shabbos Lunch Cholent

### ☐ **\$36**

- \_\_\_ Challah with Love
- \_\_\_ Kiddush Grape Juice
- \_\_\_ Oneg Nosh & Refreshments

### ☐ **\$18**

- \_\_\_ 50 Holiday Packets in Quads
- \_\_\_ A Student for a Full Shabbos

### ☐ **Amount of Your Choice!** \_\_\_\_\_

Every bit counts! Due to minimal overhead & salary expenses, Shabbos House maximizes your contribution to best reach the students.

## **COOKBOOK**

Please send me \_\_\_\_\_ copies of "A Taste of Shabbos House" @ \$22.50 incl. S&H.

## **CONTRIBUTION PAYMENT OPTIONS**

**Checks payable to "Shabbos House - Chabad Center" are tax-deductible. Shabbos House also accepts VISA, MC, AMEX & DISCOVER:**

Name: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_ Phone: \_\_\_\_\_

Signature: \_\_\_\_\_ Card #: \_\_\_\_\_

Billing Address (if different than above): \_\_\_\_\_

Expiration Date: \_\_\_\_ / \_\_\_\_

☐ **CHAI CLUB** monthly credit-card payments:

\$ \_\_\_\_\_ from \_\_\_\_/\_\_\_\_ to \_\_\_\_/\_\_\_\_ ☐ Operating ☐ Building ☐ 50/50

*"Home Away From Home -  
Where Every Jew is Family"*

### **SHABBOS HOUSE**

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